



HOPE  
HELP  
NAMI

**Dear Valued NAMI Lansing Supporter,**

Your contributions have made a significant impact in advancing support for individuals and families affected by mental illness. With progress in support groups, youth outreach, Crisis Intervention Team training, and new partnerships, we are excited to be moving forward. We welcome continuing, new, and returning donors and volunteers to participate in NAMI grassroots solutions to local mental health challenges.

**Benefit June 18th!** We look forward to seeing you at the Third Annual Benefit for NAMI Lansing on June 18, 2025, hosted by NAMI Lansing Champions, Ellen and Brian Jeffries. Once again, 100% of the proceeds from this beautiful garden event will benefit NAMI Lansing. Your continued support is invaluable. This year, please help us honor three Lansing-area leaders in mental health.

**NAMI Lansing Hope Award: Sheri Jones, Retired News Anchor for WLNS 6**

**NAMI Lansing Help Award: Jose Herrera, MD, of Mood Mental Health**

**NAMI Lansing Champion: Greta deWolf, 30 Years of Service to NAMI Lansing**

**New Home for NAMI Lansing:** NAMI Lansing will relocate in 2025 to the former McLaren Greater Lansing Greenlawn campus. We will join Child and Family Charities and other local non-profit organizations at the site, forming a nonprofit hub for the community. This opportunity to co-locate with other service organizations near the planned Crisis Care Center will help us to make new collaborations, be more accessible to community members, and reduce expenses.

**Volunteers!** As an all-volunteer organization, we rely on dedicated people to accomplish our goals and mission. We are thrilled to have **Gabriella Merignac**, our new Volunteer Recruiter and Coordination Lead and an Ending the Silence presenter, and **Cyndi Williams**, our new Event Coordinator. They bring great experience and innovative ideas to make community events more engaging.

**Advocacy:** At NAMI Lansing, we believe in the power of advocacy to break down stigma, foster understanding, and ensure individuals and families get the support they need. **In this moment where access to mental health services is at risk, NAMI Lansing's efforts to raise awareness, deliver programs, host support groups, and advocate is more critical than ever.**

**Your Support Makes a Difference.** This work depends on the generous contributions of individuals and businesses. Your donations directly support educational materials, support group facilitation, advocacy, and community outreach. Thanks to your generosity, last year's fundraiser was a tremendous success, which propelled our work to provide Hope and Help in our community. **You can support our continued success and impact by joining us for the Benefit or donating today.**

With appreciation and warm regards,

*Katreva Bisbee*

President



## Tri-County Crisis Intervention Team Success

NAMI Lansing, a founding partner in the Tri-County Crisis Intervention Team (CIT), recently helped facilitate the thirteenth CIT training week. Tri-county CIT, a collaboration of local law enforcement agencies, the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties, and NAMI Lansing, improves the emergency response for people experiencing mental health crises. So far, 488 officers and first responders have completed the 40-hour training! This contributes to a community where people with behavioral health conditions are met with understanding, safety, and compassion.

## NAMI Lansing Voices

### Telaina Eriksen

I started coming to **NAMI Family Support Group** when my 25-year-old daughter developed psychosis and was diagnosed with schizophrenia. After attending the group for almost four years now, I know I am better able to be there for my daughter, help her, and understand what she is going through. I've met an amazing community of people who support me through our family's challenges, and celebrate our wins.



### RJ Edwards

Hi, I'm RJ. I was diagnosed with schizoaffective disorder, bipolar type, at 24. Finding NAMI support groups was a turning point in my recovery. They connected me with others who truly understood and gave me the chance to grow into mental health advocacy. NAMI made me feel welcomed, heard, and never judged. Recovery is possible—and you don't have to do it alone. If you're living with a mental health condition, come check out **NAMI Connection Recovery Support Group**.

### Gwendolyn McPike

**NAMI Family Support Group** is where I can share my struggles with my son in a safe, supportive space. I've found empathy, understanding, and connection with others facing similar challenges. We laugh, cry, and support one another without judgment. I'm especially grateful for the reminder to care for ourselves, too. If you're supporting a loved one with a mental health condition, I encourage you to attend—it truly lives up to its name.



### Scan for Benefit Tickets!

**Date:** Wednesday, June 18, 2025

**Time:** 5:00 PM to 7:00 PM

**Address:** 3229 Moores River Drive,  
Lansing, MI

